# cybo BIKE
## R3000



10.1" Analog TFT LCD Display



Energy Saving | HIIT | USB-A | USB-C | Quick Key Control | Wireless Speaker | Wireless Charger | Bluetooth | Tempered Glass Overlay

## Features

| | |
|---|---|
| Frame Type | Step-through Frame |
| Handlebars Design | Front Assist and Seat-mounted Handlebars w/ Contact Heart Rate Sensors and Quick Key Control |
| Pedal Design | Self-balancing Pedals with Adjustable Strap |
| Seat Design | Elastic Mesh Seat Back with Lumbar Support |
| Seat Adjustment | 14 Levels, Horizontal Adjustment |
| Swivel Seat Function | Yes, 180° |
| Accessory Tray | Yes |
| Transportation Wheels | Yes |
| Heart Rate | Contact Heart Rate,<br>Wireless Heart Rate Monitor (FTMS) |
| Certificated | CE, EN ISO 20957-1/-5, Class SA |

## Resistance System

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|---|---|
| Resistance Technology | EMS Electromagnetic Brake System |
| Flywheel Weight | 10 kg/ 22 lbs. |
| Intensity Level | Manual Mode: 24 Levels<br>Auto Mode: 25 - 400 W with 5W Adj. |
| Drive System | Poly-V Belt |

## Tech Spec.

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|---|---|
| Power Requirements | 230Vac 50/60Hz 0.5Amp<br>120Vac 50/60Hz 0.5Amp |
| Max. User Weight | 150 kg/ 330 lbs. |
| N.W. | 64 kg/ 141 lbs. |
| G.W. | 70 kg/ 154 lbs. |
| Overall Dimensions (L x W x H) | 167 x 65 x 131 cm/ 66" x 25.5" x 51.5" |

## Console

| | |
|---|---|
| Display Type | 10.1" Analog TFT LCD Display with 10 Personalized Setting |
| Exercise Programs | 24, HIIT, Quick Start, Manual, Goal Time, Goal Distance, Goal Calories, Warm Up, Interval Intensity, Valley, Ramp, Mountain, Rolling, Climb, Hill, Fat Burn, Cardio, Strength, HRC, Constant Speed, Constant Watt, Recovery, User Mode x 3 |
| Display Feedback | Time, Intensity Levels, KJ, Pulse, Distance, Calories, RPM, Watts/ METs, Speed |
| Multi-Language | GB, DE, FR, IT, ES, JP, CHT |
| One-button Start | Yes |
| Pause Function | Yes |
| Energy Saving Mode | Yes, with Power-on Button to Wake Up the Machine |
| Wireless Charging | Yes, Smartphones |
| Speakers | Built-in Wireless Speakers |
| USB Port | USB-A Charging Port x1,<br>USB-C Charging Port x1 |
| Compatible Apps with FTMS | Kinomap, Zwift, Rouvy Mobile, TrainerRoad |

## Packing Details

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|---|---|
| Carton Dimensions (L x W x H) | 170 x 39 x 62 cm/ 67" x 15.5" x 24.5" |
| Container Loading 1 x 20' | 57 pcs w/ Wooden Pallet |
| Container Loading 1 x 40' HQ | 168 pcs w/ Wooden Pallet |

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