3-WAY OLYMPIC FLAT/INCLINE/DECLINE BENCH

CF-2179-B



SPECS

PRODUCT DIMENSIONS (L X W X H)
94.25” X 64.75” X 56” (239 cm X 165 cm X 142 cm)

PRODUCT WEIGHT
384 lbs (174 kg)

MAX EXERCISE WEIGHT
800 lbs (363 kg)

MAX STORAGE CAPACITY
1,080 lbs (490 kg)

FEATURES

- 10 adjustable back pad positions from -15° to 30° in 5° increments to accommodate incline, flat and decline bench exercises
- Integrated dual position foot rests to allow proper exercise positions
- 16 linear adjustments to accommodate varying user heights
- Spotter stand provides more leverage and better positioning
- Generous built in weight storage

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