SUPER ADJUSTABLE FLAT/DECLINE BENCH

CF-3162



SPECS

PRODUCT DIMENSIONS (L X W X H)
61.75” X 32.75” X 28.25” (157 cm X 83 cm X 72 cm)

PRODUCT WEIGHT
97 lbs. (44 kg)

MAX EXERCISE WEIGHT
1,000 lbs (454 kg)

FEATURES

- Five angled positions adjust in 5° increments from 0° to -20° for flat and decline bench exercises
- Multi-purpose design also allows for abdominal bench exercises
- Self-aligning roller pads accommodate varying leg lengths

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