SUPER FLAT/INCLINE/DECLINE BENCH

CF-3165



SPECS

PRODUCT DIMENSIONS (L X W X H)
60.75” X 32.75” X 51.50” (154 cm X 83 cm X 131 cm)

PRODUCT WEIGHT
121 lbs. (55 kg)

MAX EXERCISE WEIGHT
1,000 lbs (454 kg)

FEATURES

- Seven back pad positions adjust from -15°, 0°, 15°, 30°, 45°, 60° and 80° to accommodate flat, incline and decline bench exercises
- Gas-shock assisted seat easily adjusts into five seat positions for varying user heights
- Thermoplastic polyurethane covers for back pad adjusters to reduce wear
- Self-aligning roller pads provide leg support during exercises
- Integrated hand grip and wheels provide tilt ‘n roll capability for easy storage

© 2025 HOIST® Fitness Systems. All Rights Reserved | 11900 Community Road, Poway, CA 92064 | 800.548.LIFT (5438) | www.HOISTFitness.com