# KNEELING LEG CURL

## CF-3411



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**
49.75” X 53.00” X 52.75” (126 cm X 135 cm X 134 cm)

**PRODUCT WEIGHT**
244 lbs (111 kg)

**MAX EXERCISE WEIGHT**
225 lbs per side (102 kg)
450 lbs Total (204 kg)

**MAX STORAGE CAPACITY**
450 lbs (204 kg)

**STARTING WEIGHT**
11 lbs (5 kg) - per horn (22 lb/10 kg total)

## FEATURES

- Kneeling configuration allows for easy alignment with the pivot point and focuses the resistance on the hamstrings throughout the movement
- Padded knee rest pivots from side to side and holds its position automatically
- Textured ergonomic grips and informational exercise placard
- Contoured pads for maximum comfort and support
- Sturdy commercial grade steel frame construction with a durable powder-coated finish
- High Impact Polypropylene covered weight horns to protect frame and reduce noise
- Generous built in weight storage

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