MOTIONCAGE® PACKAGE 5

MC-7005



EZG HI-LO CABLE 2:1 RATIO KIT (MC-7028-OPT-01) AVAILABLE

SPECS

PRODUCT DIMENSIONS (L X W X H)
189.25" X 187.75" X 122.50" (481 cm X 477 cm X 311 cm)
Exact dimensions may vary based on station assembly

PRODUCT WEIGHT
2,822 lbs (1,280 kg)

WEIGHT STACK
195 lbs (89 kg) / EA

CONFIGURATION

- Accessory Shelves
- Dip Station
- Heavy Bag
- Rebound Station
- Squat Rack
- Target Station
- Battle Rope Loops
- Dual EZG Hi-Lo Station (4:1)
- Jump Platform
- Straps & Bands

FEATURES

- Accessory Storage Hooks
- Rock Climbing Grip Wall
- Upper & Lower Target Stations
- Multi-Level Monkey Bars
- Peg Board With Integrated Pull-Up Bar & Strap Points
- Multi-Grip Pull-Up Station
- Polyurethane Protective Covers
- Automatic Ready-Loaded Renegade Receiver
- Adjustable EZG Hi-Lo Pulleys
- Zero Balance Easy-To-Adjust Handles On Dip Station
- Dip Station With Patented Flip N Dip Adjustable Handles With Wide / Narrow Grips
- Rebound Station With 8 Adjustable Angles 40° - 71°
- Battle Rope Loops
- Quick Attach / Detach Jump Platform & Dip Stations
- Integrated Strap & Band Points
- Accessory Storage Shelves
- Patented 360° Heavy Bag Joint

© 2025 HOIST® Fitness Systems. All Rights Reserved | 11900 Community Road, Poway, CA 92064 | 800.548.LIFT (5438) | www.HOISTFitness.com