LAT PULLDOWN

RS-2201



SPECS

PRODUCT DIMENSIONS (L X W X H)
65.50” X 56.50” X 84.75” (166 cm X 144 cm X 215 cm)

PRODUCT WEIGHT
759 lbs (344 kg)
771 lbs with RS-CAGE-NG-OPT1 (350 kg)

WEIGHT STACK
335 lbs (152 kg)
340 lbs with RS-CAGE-NG-OPT1 (154 kg)

FEATURES

- Self-aligning handles automatically adjust to the user while the forward, unsupported movement of the torso results in greater activation of the core musculature
- Multiple grip positions accommodate varying body sizes/arm lengths
- Starts the body in a slight forward lean, increasing the muscle stretch to the lats and traps, then rocks the seat forward to a more neutral position
- Patented counter-balanced exercise arm and adjustable thigh pad
- Optional add-on weight system

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