LEG CURL

RS-2402



ADJUSTABLE SHIN PAD



ADJUSTABLE SEAT BACK



SPECS

PRODUCT DIMENSIONS (L X W X H)
49.75” X 50.00” X 55.00” (127 cm X 127 cm X 140 cm)

PRODUCT WEIGHT
636 lbs (288 kg)
648 lbs with RS-CAGE-NG-OPT1 (294 kg)

WEIGHT STACK
270 lbs (122 kg)
275 lbs with RS-CAGE-NG-OPT1 (125 kg)

FEATURES

- Gas shock assisted back pad accommodates varying leg lengths
- Self-aligning roller pad automatically adjusts to reduce potential stress on the ankle joints
- Adjustable shin pad creates a natural hinge movement and reduces shearing force and stress on the knee joints
- Begins in a upright posture, then rocks rearward during the exercise providing a greater range-of-motion
- Rocking movement lowers the hips to maintain a posterior pelvic tilt to better load the quadriceps muscle
- Optional add-on weight system

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