OUTER THIGH

RS-2407



ADJUSTABLE START ANGLE



SPECS

PRODUCT DIMENSIONS (L X W X H)
68.25” X 37.50” X 56.50” (173 cm X 95 cm X 144 cm)

PRODUCT WEIGHT
631 lbs (286 kg)

WEIGHT STACK
190 lbs (86 kg)
195 lbs with RS-CAGE-NG-OPT1 (89 kg)

FEATURES

- Range of motion adjustment accommodates starting position
- Starts the body in a forward position to enhance user comfort by positioning the hips for optimal exercise movement while maintaining proper alignment of the spine
- The rearward rocking movement reduces low back stress by allowing the hips to naturally tilt backwards and reducing stress to the spine

© 2024 HOIST® Fitness Systems. All Rights Reserved | 11900 Community Road, Poway, CA 92064 | 800.548.LIFT (5438) | www.HOISTFitness.com