MATRIX



Go Series Abdominal

Help those just getting started strengthen and engage their core. Oversized, soft grips offer a comfortable hold while reducing stress on shoulder joints, and a contoured back pad aids in core stretching. Its space-saving design fits your facility as well as it fits your budget.

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING LOCATIONS	Yes

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations
PLACARD COLOR CCODING	Green (core)
PERSONAL STORAGE	Bottle holder and storage area

ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	N/A

WEIGHT STACK	
TOTAL STACK WEIGHT	63 kg / 140 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54”
WEIGHT STACK GUARDING	Full front and rear metal shrouds

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	158 x 94.5 x 137 cm / 62.2” x 37.2” x 54”
MAX ”IN-USE” DIMENSIONS (L X W X H)	158 x 94.5 x 137 cm / 62.2” x 37.2” x 54”
PRODUCT WEIGHT	150.5 kg / 332 lbs.
MAX USER WEIGHT	159 kg / 350 lbs.