MATRIX



Go Series Seated Row

Simple and streamlined, our seated row helps new users improve their upper-body strength. Oversized neutral grips offer a comfortable hold while reducing stress on shoulder joints, and dual position foot pegs accommodate users of different heights comfortably. Its space-saving design fits your facility as well as it fits your budget.

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING LOCATIONS	Yes

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations
PLACARD COLOR CCODING	Yellow (upper body)
PERSONAL STORAGE	Bottle holder and storage area

ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	N/A

WEIGHT STACK	
TOTAL STACK WEIGHT	72 kg / 160 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54”
WEIGHT STACK GUARDING	Full front and rear metal shrouds

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	148 x 123 x 137 cm / 58.3” x 48.5” x 54”
MAX ”IN-USE” DIMENSIONS (L X W X H)	148 x 123 x 137 cm / 58.3” x 48.5” x 54”
PRODUCT WEIGHT	159 kg / 350.5 lbs.
MAX USER WEIGHT	159 kg / 350 lbs.