MATRIX



Go Series Shoulder Press

Appeal to those new to strength training with a space-saving shoulder press that's easy-to-use. Oversized neutral grips let users get started with no adjustments needed while reducing stress on shoulder joints. Ideal for facilities where space and budgets are limited, it will easily fit your training area or circuit program.

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING LOCATIONS	Yes

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations
PLACARD COLOR CCODING	Yellow (upper body)
PERSONAL STORAGE	Bottle holder and storage area

ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	N/A

WEIGHT STACK	
TOTAL STACK WEIGHT	45 kg / 100 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54”
WEIGHT STACK GUARDING	Full front and rear metal shrouds

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	148 x 110.5 x 140 cm / 58.4” x 43.5” x 55.2”
MAX ”IN-USE” DIMENSIONS (L X W X H)	148 x 110.5 x 176 cm / 58.4” x 43.5” x 69.3”
PRODUCT WEIGHT	160 kg / 353 lbs.
MAX USER WEIGHT	159 kg / 350 lbs.