MATRIX



Lifestyle Elliptical

Ideal for light-use environments, our Lifestyle Elliptical features a compact frame to fit your facility. A patented suspension design minimizes noise and friction, extending product life. Smart ergonomics fits the body and its natural movements for comfortable, low-impact cardio, and convenience features improve the experience for users and facilities alike.

FRAME	
RESISTANCE SYSTEM	Brushless generator
MINIMUM WATTS	5 W powered or 35 W self-powered
MINIMUM RPM	10 RPM powered or 30 RPM self-powered
STRIDE LENGTH	51 cm / 20”
STEP-ON HEIGHT	23 cm / 9.1”
PEDAL SPACING	6.4 cm / 2.5”
WATT RANGE	5–650 W
CONTACT & TELEMETRIC HR	Yes
TOP-DOWN LEVELERS	No

MAX USER WEIGHT	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes
ASSEMBLED DIMENSIONS	151 x 73 x 175.7 cm / 59.4” x 28.7” x 69.2”
ASSEMBLED ACTIVE DIMENSIONS	174.6 x 73 x 175.7 cm / 68.7” x 28.7” x 69.2”
POWER REQUIREMENTS	Self-powered or 100–240 V — 50/60 Hz AC
ASSEMBLED WEIGHT	151 kg / 332.9 lbs.
SHIPPING WEIGHT	173 kg / 381.4 lbs.
RESISTANCE LEVELS	25