MATRIX

Lifestyle Recumbent Cycle

Ideal for light-use facilities where space is at a premium, our compact Lifestyle Recumbent Cycle distributes weight comfortably and maximizes support for anyone who wants a low-impact cardio workout. Includes Ergo Form seat and back pad, step-through design, self-balancing pedals and three-piece crank with forged arms. Self-powered options offer easy placement in your facility.

FRAME	
RESISTANCE SYSTEM	Brushless generator
MINIMUM WATTS	2 W powered or 13 W self-powered
MINIMUM RPM	10 RPM powered or 25 RPM self-powered
PEDAL SPACING	20.2 cm / 8”
SEAT MATERIAL	Custom one-piece, molded seat back and bottom
SEAT ADJUSTMENT	Single-hand lever
CRANK DESIGN	Three piece with forged arms and integrated puller
TOP-DOWN LEVELERS	No

CONTACT & TELEMETRIC HR	Yes
REAR-LIFT HANDLE	No
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
ETHERNET CONNECTIVITY	Yes
ASSEMBLED DIMENSIONS	158.3 x 67.3 x 132.7 cm / 62.3” x 26.5” x 52.2”
POWER REQUIREMENTS	Self-powered or 100–240 V — 50/60 Hz AC
RESISTANCE RANGE	2–750 W
ASSEMBLED WEIGHT	89 kg / 196.2 lbs.
SHIPPING WEIGHT	108 kg / 238.1 lbs.
RESISTANCE LEVELS	30