MATRIX



Ultra Abdominal Crunch

G7-S51-AS2007

Powerful and intuitive, the design of our Ultra Abdominal Crunch offers a comfortable way to tone and build core muscles. The sculpted back pads allow for full muscular contraction, while the dual-supported pivoting design fosters a natural abdominal crunch motion. The self-aligning handles adjust to accommodate a variety of users, and elbow pad covers protect the upholstery at touchpoints.

Also available in **Ultra Base option G7-S51B.**



INTELLIGENT TRAINING CONSOLE (OPTIONAL)	
PROGRESSION BASED PROGRAMMING	Yes
STORED USER SETTINGS	Yes, seat settings and Bluetooth HR
DEMO VIDEO	Yes
DUAL USER SIGN-IN	Yes
WORKOUTS	Manual, Endurance, Build, Strength, E-Lifts, Engage 360
ENGAGE 360 COMPATIBLE	Yes
EGYM COMPATIBLE	Yes
COMMUNITY 360 COMPATIBLE	Yes
WEB CONNECTIVITY	Yes
WI-FI	Yes
DISPLAY FEEDBACK	Sets, Reps, Rest Time, Total Weight Lifted
ETHERNET PORT	Yes
BLUETOOTH	Heart rate only
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish
LIFT TO START	Yes
FITTOUCH TECHNOLOGY	Yes
DISPLAY TYPE	40.6 cm / 16” class capacative touchscreen LCD
ASSET MANAGEMENT COMPATIBLE	Yes
FACILITY COMMUNICATION PORTAL/CALENDAR	No
CSAFE READY-FITLINXX CERTIFIED	No
USB PORT	No, service only
ASSEMBLED HEIGHT	147.3 cm / 58” as assembled on Ultra weight stack
POWER REQUIREMENTS	100v–240v / 50–60 Hz AC
SHIPPING WEIGHT	9.4 kg / 21 lbs.

FRAME & CABLES	
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Independent machine hold down brackets
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

ADJUSTMENTS	
USER ADJUSTMENT RANGE	7 position seat
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted seat
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PLACARD COLOR CODING	Green (core)
REP COUNTER	Electronic counter displays reps, exercise time and rest time
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
ACTION SPECIFIC GRIPS	Exercise specific grips improving feel, function and form during use
CONTOURED SEAT	Yes
ELBOW WEAR COVERS	Yes

WEIGHT STACK	
TOTAL STACK WEIGHT	108 kg / 240 lbs
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
MAX TRAINING WEIGHT	111.4 kg / 247.5 lbs
CONSISTENT 53” STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields

TECH SPECS	
OVERALL ”STATIC” DIMENSIONS (L X W X H)	139 x 121 x 147 cm / 54.6” x 47.5” x 57.9”
OVERALL ”IN-USE” DIMENSIONS (L X W X H)	139 x 121 x 147 cm / 54.6” x 47.5” x 57.9”
PRODUCT WEIGHT	290 kg / 639.5 lbs.
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries