MATRIX



Ultra Base Trim Hip Thrust

- Closely mimics bar hip thrusting while removing the difficulty, danger and discomfort of a standard Olympic bar exercise
- Floating hip pad keeps the pad in the correct position during the exercise movement
- Oversized foot platform bolsters stability and provides consistent foot positioning

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING	Yes
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

ADJUSTMENTS	
USER ADJUSTMENT RANGE	12-position hip pad adjustment
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
PLACARD COLOR CODING	Blue (lower body)
REP COUNTER	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
CONTOURED SEAT	Yes
FLOATING HIP PAD	Yes

TECH SPECS	
MAX USER WEIGHT	136 kg / 300 lbs.
OVERALL ”STATIC” DIMENSIONS (L X W X H)	175 x 149.5 x 135 cm / 69” x 59” x 53”
OVERALL ”IN-USE” DIMENSIONS (L X W X H)	175 x 149.5 x 135 cm / 69” x 59” x 53”
PRODUCT WEIGHT (G7-S79B)	328.5 kg / 724.5 lbs.
PRODUCT WEIGHT (G7-S79BH)	376 kg / 829 lbs.

WEIGHT STACK	
TOTAL STACK WEIGHT (G7-S79B)	144 kg / 320 lbs.
TOTAL STACK WEIGHT (G7-S79BH)	189 kg / 420 lbs.
WEIGHT PLATE INCREMENTS	9 kg / 20 lbs.
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK GUARDING	Full front and rear shields