MATRIX



# Ultra Hip Thrust

G7-S79-AS2007

Now everyone you serve can tone and build their glutes in a more secure, more comfortable way. Trust the superior biomechanics of our Ultra Hip Thrust for the results of bar hip thrusts without the difficulty and discomfort of free weights. Refined ergonomics and a floating hip pad make every set comfortable and every rep smooth and natural. A range of resistance accommodates everyone, whether they're toning or maximizing muscle.

Also available in **Ultra Base option G7-S79B.**



| INTELLIGENT TRAINING CONSOLE (OPTIONAL) | |
|---|---|
| PROGRESSION BASED PROGRAMMING | Yes |
| STORED USER SETTINGS | Yes, seat settings and Bluetooth HR |
| DEMO VIDEO | Yes |
| DUAL USER SIGN-IN | Yes |
| WORKOUTS | Manual, Endurance, Build, Strength, E-Lifts, Engage 360 |
| ENGAGE 360 COMPATIBLE | Yes |
| EGYM COMPATIBLE | Yes |
| COMMUNITY 360 COMPATIBLE | Yes |
| WEB CONNECTIVITY | Yes |
| WI-FI | Yes |
| DISPLAY FEEDBACK | Sets, Reps, Rest Time, Total Weight Lifted |
| ETHERNET PORT | Yes |
| BLUETOOTH | Heart rate only |
| USER-DEFINED MULTI-LANGUAGE DISPLAY | English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish |
| LIFT TO START | Yes |
| FITTOUCH TECHNOLOGY | Yes |
| DISPLAY TYPE | 40.6 cm / 16" class capacative touchscreen LCD |
| ASSET MANAGEMENT COMPATIBLE | Yes |
| FACILITY COMMUNICATION PORTAL/CALENDAR | No |
| CSAFE READY-FITLINXX CERTIFIED | No |
| USB PORT | No, service only |
| ASSEMBLED HEIGHT | 147.3 cm / 58" as assembled on Ultra weight stack |
| POWER REQUIREMENTS | 100v–240v / 50–60 Hz AC |

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| SHIPPING WEIGHT | 9.4 kg / 21 lbs. |

| FRAME & CABLES | |
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| FRAME FINISH | Proprietary two-coat powder process |
| CABLE TRANSMISSION | Internally lubricated cables and fittings |
| MACHINE ANCHORING | Yes |
| INTEGRATED LEVELING SYSTEM | Yes, top-down leveler |

| ADJUSTMENTS | |
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| USER ADJUSTMENT RANGE | 12-position hip pad adjustment |
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes |

| USER AMENITIES | |
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| FRONT PLACARDS | Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification |
| REAR PLACARDS | Color-coded machine identification, exercise-specific stretching |
| PLACARD COLOR CODING | Blue (lower body) |
| REP COUNTER | Electronic counter displays reps, exercise time and rest time |
| PERSONAL STORAGE | Two tactile storage mats, personal device cradle and towel hook |
| CONTOURED SEAT | Yes |
| FLOATING HIP PAD | Yes |

| WEIGHT STACK | |
|---|---|
| TOTAL STACK WEIGHT | 189 kg / 420 lbs. |
| WEIGHT PLATE INCREMENTS | 9 kg / 20 lbs. |
| INCREMENTAL WEIGHT SYSTEM | 2.3, 4.5, 6.8 kg / 5, 10, 15 lbs. |
| MAX TRAINING WEIGHT | 195.8 kg / 435 lbs. |
| CONSISTENT 53" STACK HEIGHT | Yes |
| WEIGHT STACK GUARDING | Full front and rear shields |

| TECH SPECS | |
|---|---|
| **OVERALL ”STATIC” DIMENSIONS (L X W X H)** | 175 x 149.5 x 135 cm / 69” x 59” x 53” |
| **OVERALL ”IN-USE” DIMENSIONS (L X W X H)** | 175 x 149.5 x 135 cm / 69” x 59” x 53” |
| **PRODUCT WEIGHT** | 384 kg / 847 lbs. |
| **REP COUNTER MACHINE USAGE TRACKING** | Service mode tracks total machine reps and hours of use |
| **REP COUNTER BATTERY LIFE** | Approximately 3 years |
| **REP COUNTER POWER SUPPLY** | 2 AA batteries |