MATRIX



Versa Ab / Low Back

Designed for efficiency and versatility, our Versa Ab / Low Back station makes a great core workout accessible to virtually anyone. An angled seat and lumbar pad make use comfortable, while low handle positioning offers easy entry, easy exit and enhanced stability. Clearly indicated adjustments make use intuitive, and multi-position foot placement accommodates a variety of users.

- Clearly indicated adjustments for ease of use
- Low handle positions offer easy entry and exit
- Multi-position foot placement accommodates a variety of users
- Handle positions enhance user stability
- Angled seat and lumbar pad enhance user comfort and stability

ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	8 user start options

FRAME & CABLES	
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Machine anchoring locations

USER AMENITIES	
REAR PLACARDS	Color-coded machine identification & machine specific stretching
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
PLACARD COLOR CODING	Green (core)
CONTOURED SEAT	Yes
PERSONAL STORAGE	Bottle holder, storage area and towel holder (towel holder on rep counter only)
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
FOOT SUPPORT	Foot support accommodates users of all sizes for additional lower body support

WEIGHT STACK	
CONSISTENT STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
STANDARD STACK	72 kg / 160 lbs.
HEAVY STACK	104 kg / 230 lbs.

TECH SPECS	
PRODUCT WEIGHT (STANDARD STACK)	231 kg / 509 lbs.
PRODUCT WEIGHT (HEAVY STACK)	263 kg / 579 lbs.
OVERALL DIMENSIONS (L X W X H)	132.2 x 131.5 x 167.1 cm / 52.1” x 51.8” x 65.8”