MATRIX



Versa Bicep Curl

Choose our Versa Biceps Curl to help build upper-arm muscle efficiently and effectively. An angled pad provides stability and limits unwanted shoulder movement during exercise, while an optimized pivot point encourages a biomechanically correct range of motion.

- Arm pad is angled for stability, and limits unwanted shoulder movement during exercise
- Optimized pivot location creates biomechanically correct range of motion

WEIGHT STACK	
WEIGHT PLATE INCREMENTS	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg)
TOTAL STACK WEIGHT	Heavy: 200 lbs (90 kg), Standard: 150 lbs (68 kg)
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT STACK HEIGHT	Yes

USER AMENITIES	
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification & machine specific stretching
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
CONTOURED SEAT	Yes
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
FOOT SUPPORT KIT	Foot Support Kit accomodates shorter individuals (Optional)

ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	Adjustable Seat

FRAME & CABLES	
MACHINE ANCHORING	Machine anchoring locations
FRAME FINISH	Proprietary two-coat powder process
FRAME COLOR	Iced Silver
CABLE TRANSMISSION	Internally lubricated cables & fittings

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	121.8 x 127.0 x 167.1 cm / 48.0” x 50.0” x 65.8”
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER BATTERY LIFE	Approximately 3 years