MATRIX




# Versa Seated Leg Curl

Make toning and building major leg muscles more comfortable and efficient with our Versa Seated Leg Curl. It offers a full range of motion for leg extensions and hamstring curls, plus an angled seat and optimized pivot point to encourage full hamstring contraction. The comfort-enhancing thigh pad, back pad and tibia pad are all easily adjustable from a seated position.

- Adjustable thigh pad provides stabilization during exercise
- Back pad ratchets forward for easy adjustment from the seated position
- Tibia pad and range of motion adjustments are easily accessible from a seated position
- Angled seat and unique pivot location for full hamstring contraction

| WEIGHT STACK | |
|---|---|
| WEIGHT PLATE INCREMENTS | Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg) |
| TOTAL STACK WEIGHT | Heavy: 200 lbs (90 kg), Standard: 150 lbs (68 kg) |
| WEIGHT STACK GUARDING | Full front and rear shields |
| CONSISTENT STACK HEIGHT | Yes |
| INCREMENTAL WEIGHT SYSTEM | 5 lbs (2.3 kg) |

| TECH SPECS | |
|---|---|
| OVERALL DIMENSIONS (L X W X H) | 176.9 x 113.3 x 167.1 cm / 69.7” x 44.6” x 65.8” |
| REP COUNTER MACHINE USAGE TRACKING | Service mode tracks total machine reps and hours of use |
| REP COUNTER POWER SUPPLY | 2 AA batteries |
| REP COUNTER BATTERY LIFE | Approximately 3 years |

| ADJUSTMENTS | |
|---|---|
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes |
| RANGE OF MOTION ADJUSTMENTS | Range of Motion, Knee Pad & Ankle Pad Adjustments |

| FRAME & CABLES | |
|---|---|
| MACHINE ANCHORING | Machine anchoring locations |
| CABLE TRANSMISSION | Internally lubricated cables & fittings |
| FRAME COLOR | Iced Silver |
| FRAME FINISH | Proprietary two-coat powder process |

| USER AMENITIES | |
|---|---|
| RATCHETING BACK PAD | Yes |
| REAR PLACARDS | Color-coded machine identification & machine specific stretching |
| FRONT PLACARDS | Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements |
| PLACARD COLOR CODING | Blue (lower body) |
| PERSONAL STORAGE | Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only) |
| REP COUNTER | Electronic counter displays reps, exercise time and rest time & provides towel holder hook |