NAUTILUS

Decline Bench Press

This Olympic Decline Bench is built for precision, safety, and repeatable performance. Featuring dual bar holders and an adjustable leg stabilization system, it accommodates a wide range of body types while maintaining proper lifting posture. An open frame enhances spotter access, and optional plate storage streamlines gym organization.



PRODUCT DIMENSIONS	
Width	50 in (127 cm)
Length	70 in (178 cm)
Height	49 in (125 cm)
Product Weight	177 lb (80 kg)
Shipping weight	199 lb (90 kg)
FEATURES, ADJUSTMENTS & MOVEMENTS	
Assisted adjustments	Gravity assisted positioning
Color coded pivot points and adjustments	Yes on all units
FRAME SPECIFICATIONS & CABLE INFORMATION	
Standard frame color options	60 Black
Standard upholstery color options	Black
Frame finish	Electrostatic Powder coating
Customizable paint options available	Yes with additional fees and extended lead times
Customizable upholstery options available	Yes with additional fees and extended lead times
Customizable branding options available	No
Bolt down locations defined	Yes, Sku dependent
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Animated lenticulars	No
Safety catch & stops	Yes, Sku dependent
Grip specifications	Integrated Grip and wheels
Contoured pads	Yes, contoured back pads on select machines with lumbar support
Restraint system	No

SKUS

9NP-B7204

CORE HEALTH & FITNESS

©2026 Core Health & Fitness LLC. All rights reserved. Schwinn and Nautilus are registered trademarks used under license to Core Health & Fitness LLC.