NAUTILUS

Multi-Adjustable Bench

The Multi-Adjustable Bench is built for limitless strength training setups, from flat presses to incline dumbbell work. Its 0 to 80-degree backrest adjusts in 10-degree increments, offering precision and flexibility for lifters of all levels. Integrated transport wheels and wear guards make it ideal for heavy use in dynamic training spaces.



PRODUCT DIMENSIONS	
Width	27 in (69 cm)
Length	55 in (140 cm)
Height	16.5 in (42 cm)
Product Weight	117 lb (53 kg)
Shipping weight	128 lb (58 kg)
ADJUSTMENTS & MOVEMENTS	
Assisted adjustments	Gravity assisted positioning
Color coded pivot points and adjustments	Yes on all units
FRAME SPECIFICATIONS & CABLE INFORMATION	
Standard frame color options	Black
Standard upholstery color options	Grey
Frame finish	Electrostatic Powder coating
Customizable paint options available	Yes with additional fees and extended lead times
Customizable upholstery options available	Yes with additional fees and extended lead times
Customizable branding options available	No
Bolt down locations defined	Yes
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Animated lenticulars	No
Grip specifications	Integrated Grip and wheels
Contoured pads	Rounded pads with large radious seat bottom
Restraint system	No

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