VITALITY™ STRENGTH BENCHES & RACKS

Ab-X

VBR6100



Increased core strength and well-defined abs are popular fitness goals for many exercisers. With the sound biomechanics of the Ab-X, exercisers enjoy an efficient, supported way to get their “crunches” in without getting on the floor. The unique design features a floating pivot point, positioning the exerciser for the ideal “crunch” movement.

The small footprint of the Ab-X gives you flexibility when placing it in your free weight or stretching areas of your facility.









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Product Features

FRAME AND FINISH

Heavy-duty steel tubing is welded in all structural areas. Powder coated frame.

SUPERIOR UPPER BACK & HEAD SUPPORT

Contoured pads reduces stress to neck and shoulders.

SLIP RESISTANT HANDLES

Handles have a slip resistant rubber sleeve with machined alloy end-cap.

LOW MAINTENANCE

Built to last, with durable construction and high-quality components.



Specifications

Dimensions (L x W x H): 52 x 26 x 38 in / 132 x 66 x 97 cm

Product Weight: 150 lb / 68 kg

Max User Weight: 300 lb / 136 kg

Max Lift Load Capacity: 200 lb / 91 kg

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame	Upholstery
Black Pearl	Black

*Colors may vary.

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