DISCOVERY™ STRENGTH BENCHES & RACKS

Olympic Flat Bench

DBR0408



The Discovery Strength Olympic Flat Bench is designed to provide a strong, stable lifting platform that optimally positions the lifter for maximum results.

Engineered for biomechanical precision and built to withstand high-volume use, Discovery Benches and Racks offer a robust solution for strength training environments. Each piece combines intelligent design with functional durability to empower exercisers of all levels to train with confidence.









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Product Features

BENCH HEIGHT

The low bench profile provides exercisers with a stable position that helps minimize lower back arch. The bench-to-upright geometry accommodates unencumbered lifts while minimizing external shoulder rotation when picking the bar.

WEAR GUARDS

High-impact, polyurethane wear guards help protect the bench and Olympic bar from metal-on-metal contact and are segmented for easy replacement.

BUILT-IN-STORAGE

The eight conveniently positioned weight storage horns accommodate Olympic and Bumper-style plates without overlap, providing quick and easy access.



Specifications

Dimensions (L x W x H): 72 x 65 x 51 in / 183 x 165 x 130 cm

Product Weight: 188 lb / 85 kg

Max User Weight: 350 lb / 159 kg

Max Lift Load Capacity: 500 lb / 227 kg

Weight Storage Horns: 8

Max Storage Weight: 1,760 lb / 798 kg

Recommended Plates: 2 x 10 lb, 2 x 25 lb, 2 x 35 lb, 4 x 45 lb

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame

Black Pearl

Gloss Metallic Silver

Gloss White**

Flame Red**

*Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

Upholstery

Black

Additional Upholstery Options**

Lite Grey

Graphite

Slate

American Beauty

Candy Apple

All Spice

Bucksuede

Burgundy

Royal Blue

Blue Jay

Chocolate

Hunter Green

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colors may vary.

** Additional lead time applies.

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