DISCOVERY™ STRENGTH BENCHES & RACKS

Olympic Shoulder Press Bench

DBR0507



The strong and sturdy Discovery Strength Olympic Shoulder Press Bench provides optimal exerciser positioning to execute over head shoulder press movements. Thoughtful additions, like the non-slip spotter platform, support proper spotter positioning.

Engineered for biomechanical precision and built to withstand high-volume use, Discovery Benches and Racks offer a robust solution for strength training environments. Each piece combines intelligent design with functional durability to empower exercisers of all levels to train with confidence.









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Product Features

BENCH DESIGN

The angled upright bench enables easy picking of the Olympic Bar with unencumbered range-of-motion and minimal external rotation of the shoulder joint. The tapered seat allows the exerciser to establish a comfortable "three point" stance position that increases stability during lifts.

EASY-TO-USE ADJUSTMENTS

The adjustable seat and front and rear bar catches provide proper fit and take-off point for a wide range of exercisers.

WEAR GUARDS

High-impact, polyurethane wear guards help protect the bench and Olympic Bar from metal-on-metal contact and are segmented for easy replacement.

BUILT-IN-STORAGE

The four conveniently positioned weight storage horns accommodate Olympic and Bumper-style plates without overlap, providing quick and easy access.

PAD BACKING PLATES

Injection molded pad backing plates help protect the seat and back pad edges from wear and tear.



Specifications

Dimensions (L x W x H): 53.4 x 64 x 72 in / 135.5 x 162 x 183 cm

Product Weight: 301 lb / 136.3 kg

Max User Weight: 350 lb / 159 kg

Max Lift Load Capacity: 500 lb / 227 kg

Weight Storage Horns: 8

Max Storage Weight: 880 lb / 400 kg

Recommended Plates: 2 x 5 lb, 2 x 10 lb, 2 x 25 lb, 2 x 35 lb, 4 x 45 lb

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame

Black Pearl

Gloss Metallic Silver

Gloss White**

Flame Red**

Upholstery

Black

Additional Upholstery Options**

Lite Grey

Graphite

Slate

American Beauty

Candy Apple

All Spice

Bucksuede

Burgundy

Royal Blue

Blue Jay

Chocolate

Hunter Green

*Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colors may vary.

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