RESOLUTE™ STRENGTH SELECTORIZED

# Standing Lateral Raise

## RSL0502




Resolve to make your selectorized strength equipment purchase with confidence—choose the Resolute™ Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

The independent moving arms of the Resolute Strength Standing Lateral Raise allow exercisers to effectively target the the rear and medial deltoids. The ergonomic rotating grips and smooth pulley system provide a comfortable and efficient exercise experience. Additionally, the open design makes the equipment easy to enter and exit.



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## Product Features

### PROVEN BIOMECHANICS

The independent moving arms of the Standing Lateral Raise, along with ergonomic rotating hand grips, ensure proper form throughout the movement while effectively targeting the rear and medial deltoids. The exercise can be performed unilaterally or bilaterally to provide training variety.

### DESIGNED TO GO THE DISTANCE

Over-sized steel tubing lends a sleek, contemporary shape, and contributes to a more durable product. Tested to 250,000 cycles using the full weight stack, the Standing Lateral Raise is designed to go the distance.

### FAST AND SIMPLE SETUP

No adjustments are needed to start working from a ground-based standing position. All fitness levels and body types can find a natural fit with the grab and go handles.




## Specifications

**Dimensions (L x W x H):** 68 x 40 x 64 in / 172 x 102 x 162 cm
**Weight Stack Tower Height:** 58 in / 148 cm
**Product Weight:** 490 lb / 222 kg
**Weight Stack:** 160 lb / 73 kg
**Warranty:** Visit www.precor.com for warranty terms.

## Color Options*

**Frame**

Black Pearl

Gloss Metallic Silver

Gloss White**

Flame Red**

*Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

**Shroud**

Tungsten

*Custom shroud wraps are available at an additional cost.

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