VITALITY™ STRENGTH SELECTORIZED

Seated Row

VSL019BP



The Vitality™ Strength Selectorized line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Strength Selectorized training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality Seated Row features comfortable, oversized grips with multiple positions, an adjustable chest pad, and an adjustable seat ensuring a proper path of motion and easy entrance/exit to and from the unit. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.









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Product Features

EVEN RESISTANCE WITH NO DEAD SPOTS

The movement arm design ensures that exercisers experience smooth resistance through the entire range of motion, eliminating common dead spots found in similar machines.

GET EXERCISING FASTER

The start position is easily adjusted while the exerciser is sitting in the unit, allowing them to get moving faster.

GRIP VARIETY AND SIZE

The various grip options allow for a wide and narrow grip movements, providing exercise variety.

HELPFUL GUIDANCE

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.



Specifications

Dimensions (L x W x H): 56 x 48 x 70 in / 142 x 122 x 178 cm

Product Weight: 464 lb / 211 kg

Weight Stack: 240 lb / 109 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame	Upholstery
Black Pearl	Black

*Colors may vary.

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