VITALITY™ STRENGTH SELECTORIZED

Seated Leg Curl

VSL007BP



The Vitality™ Strength Selectorized line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Strength Selectorized training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality Leg Curl features a ratcheting adjustable back pad that allows easy alignment of knee to pivot, for sound biomechanics. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.









© 2025 Precor Incorporated.

PRECOR®
PRECOR.COM

VITALITY™ STRENGTH SELECTORIZED

Seated Leg Curl

VSL007BP



Product Features

GET EXERCISING FASTER

The start position is easily adjusted while the exerciser is sitting in the unit, allowing them to get moving faster.

ENSURES PROPER ALIGNMENT

The adjustable seat and back pad allows for proper knee-pivot alignment to reduce sheer force on the knee joint.

FOCUS ON COMFORT

Fixed shin pad and self-aligning ankle pad provide comfort and support for the exercise.

HELPFUL GUIDANCE

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 64 x 45 x 61 in / 163 x 114 x 155 cm

Product Weight: 457 lb / 208 kg

Weight Stack: 170 lb / 78 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame	Upholstery
Black Pearl	Black

*Colors may vary.

© 2025 Precor Incorporated.

PRECOR.COM