VITALITY™ STRENGTH SELECTORIZED

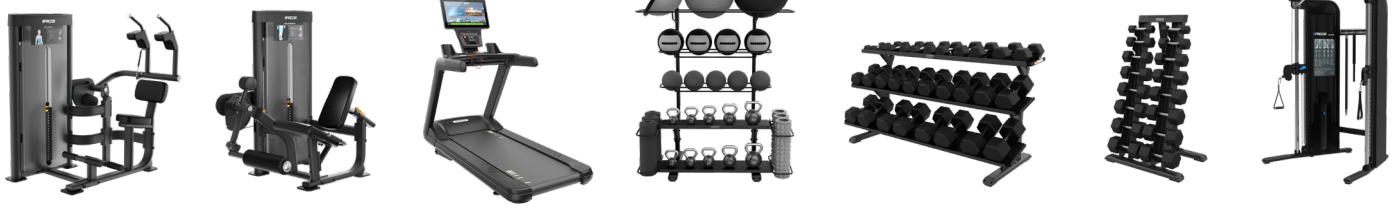
Abdominal

VSL014BP



The Vitality™ Strength Selectorized line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Strength Selectorized training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality Abdominal features a unique walk-in-and-use design with no adjustments necessary. The contoured shoulder pads auto-adjust to fit all exercisers conveniently. Cushioned rubber hand grips add comfort. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.



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Product Features

GET TO THE WORKOUT QUICKER

With an open design that requires no adjustments, the Abdominal gets exercisers to their workout quickly.

FOCUS ON COMFORT

Contoured shoulder pads auto-adjust to conveniently fit all exercisers while the cushioned rubber hand grips add comfort and support for the exercise.

AN EFFECTIVE CORE WORKOUT

The elevated foot rest allows the exerciser to focus on full abdominal contractions, and helps to isolate the necessary muscles for an effective core workout.

HELPFUL GUIDANCE

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 57 x 38 x 60 in / 144 x 97 x 152 cm

Product Weight: 480 lb / 218 kg

Weight Stack: 200 lb / 91 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame	Upholstery
Black Pearl	Black

*Colors may vary.

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