VITALITY™ STRENGTH SELECTORIZED

Biceps Curl / Triceps Extension

VSL025BP



The Vitality™ Strength Selectorized line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Strength Selectorized training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality Biceps Curl / Triceps Extension features a combination biceps / triceps grip to accommodate two exercises in one space saving machine. Single seat adjustment ratchets for proper exercise positioning and optimal comfort. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.









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Product Features

EVEN RESISTANCE WITH NO DEAD SPOTS

The movement arm design ensures that exercisers experience smooth resistance through the entire range of motion, eliminating common dead spots found in similar machines.

GET EXERCISING FASTER

The start position is easily adjusted while the exerciser is sitting in the unit, allowing them to get moving faster.

LOW STARTING LIFT WEIGHT

The counter-balanced movement arm provides exercisers with a low starting lift weight.

HELPFUL GUIDANCE

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.



Specifications

Dimensions (L x W x H): 52 x 42 x 60 in / 132 x 108 x 152 cm

Product Weight: 440 lb / 200 kg

Weight Stack: 170 lb / 77 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame	Upholstery
Black Pearl	Black

*Colors may vary.

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