VITALITY™ STRENGTH SELECTORIZED

Pulldown / Seated Row

VSL026BP



The Vitality™ Strength Selectorized line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Strength Selectorized training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality Pulldown / Seated Row offers both lat pulldown and mid-row exercise positions in one space saving machine. An easy-to-adjust thigh hold-down pad, extended seat and foot bar facilitates both exercises. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.









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Product Features

TWO EXERCISES – ONE MACHINE

Because the Pulldown / Seated Row accommodates both the lat pull down and mid-row exercise movements, it saves valuable floor space.

CONVENIENT BAR STORAGE RESISTS WEAR

The row bar storage keeps the bar out of the way when the pull down is being used. With a protective coating the storage plate resists scratches and dents.

ADJUSTMENT TO FIT MOST

The thigh hold-down pad features an easy-to-adjust mechanism to accommodate most exercisers.

HELPFUL GUIDANCE

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.



Specifications

Dimensions (L x W x H): 79 x 52 x 87 in / 200 x 131 x 220 cm

Product Weight: 495 lb / 225 kg

Weight Stack: 220 lb / 100 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame	Upholstery
Black Pearl	Black

*Colors may vary.

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